

Week 1 - Spring / Summer 2023 Menu

Week starting: 17th April, 8th May, 5th June, 26th June, 17th July, 18th September, 9th October



Twelve15



Meat free
Monday



Tuesday

Wednesday

No added sugar
Shuggington
Thursday

Friday

Option 1

Cheese & Tomato Pizza
with Potato Tots 


Pork Sausages
with Creamed Potato
& Gravy

Roast Pork
with Roast Potatoes
& Gravy

Wholemeal Pasta
Beef Bolognese 

Harry Ramsden's
Junior Battered Fish
with Oven Chips

Option 2

Plant Based Sausage
Roll with Potato Tots


Meat-Free Sausage
with Creamed Potato
& Gravy 

Quorn Fillet
with Roast Potatoes
& Gravy 

 Ricotta Cheese & 
Spinach Wholemeal
Ravioli in Tomato Sauce

Garden Vegetable
Goujons
with Oven Chips 

Option 3

Jacket Potato with
Tuna

Cheese Wrap 

Cheese & Tomato
Pasta Pot 

Jacket Potato with
Baked Beans 

Ham Wrap

Vegetables

Coleslaw
Garden Peas

Sweetcorn
Green Beans

Carrots
Broccoli


Medley of Vegetables

Garden Peas
Baked Beans

Dessert

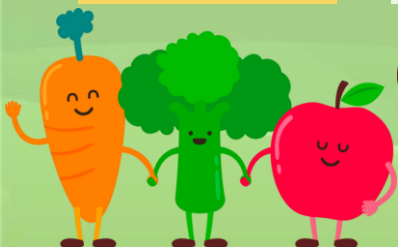
Shortbread Biscuit

Fruit Yoghurt

Orange & Mandarin
Jelly with Whipped
Creme Fraiche 

Fresh Fruit Salad 

Vanilla Ice Cream



LOW SALT

Reduced sugar
and salt recipes

LESS SUGAR

Free for everyone
in Reception,
Year 1 and 2

Unlimited freshly
baked bread and
vegetables, crudites or
salad bar every day

Look out for these symbols
on our healthy choices

 Vegetarian  Oily Fish
 Wholegrain  Fruity



We only use fish
from sustainable
sources

Harry Ramsden's
Junior



Designed by Twelve15
Twelve15
Favourites

Week 2 - Spring / Summer 2023 Menu

Week starting: 24th April, 15th May, 12th June, 3rd July, 4th September, 25th Sep, 16th October



Twelve 15



Meat free
Monday



Tuesday

Wednesday

No added sugar
Shuggington
Thursday

Friday

Option 1

Ricotta & Mozzarella
Filled Ravioli in
Tomato Sauce ♡

Beef Burger in a Bun
with Oven Chips

Roast Chicken
with Roast Potatoes
& Gravy

Sweet & Sour Pork
with Noodles

Fish Fingers
with Potato Tots

Option 2

Meat-Free ♡
Glamorgan Sausage
with Potato Wedges

Southern Style Meat-
Free Burger in a Bun
with Oven Chips ♡

Quorn Fillet
with Roast Potatoes
& Gravy ♡

Mac 'n' Cheese with
Wholemeal Garlic
Bread ♡

Veggie Burrito
♡

Option 3

Jacket Potato with
Tuna

Cheese Wrap ♡

Cheese & Tomato
Pasta Pot ♡

Jacket Potato with
Baked Beans ♡

Ham Wrap

Vegetables

Green Beans
Carrots

Garden Peas
Sweetcorn

Cauliflower
Carrots

Sweetcorn
Broccoli

Baked Beans
Garden Peas

Dessert

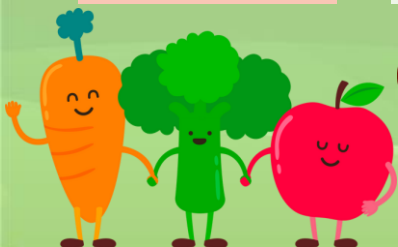
Banana Pancakes 🍌

Mixed Berry Mousse

Fruit Yoghurt

Cheese & Biscuits
with Apple Slices 🍏

Chocolate & Beetroot
Brownie with Whipped
Creme Fraiche



LOW
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and salt recipes

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Year 1 and 2

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♡ Vegetarian 🐟 Oily Fish
🌾 Wholegrain 🍓 Fruity



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Harry Ramsden's
Junior



Designed by Twelve 15
Twelve 15
Favourites

Week 3 - Spring / Summer 2023 Menu

Week starting: 1st May, 22nd May, 19th June, 10th July, 11th September, 2nd October



Twelve15



Meat free
Monday



Tuesday

Wednesday

No added sugar
Shuggington
Thursday

Friday

Option 1

Wholemeal
♥ Pasta Bake 🌾

BBQ Chicken
with Rice

Roast Turkey Teddy
Meatloaf with Roast
Potatoes & Gravy

Minced Beef &
Vegetable Pie with
New Potatoes & Gravy

Harry Ramsden's
Junior Battered Fish
with Oven Chips

Option 2

Meat-Free Chilli
Topped Wedges ♥

Sweet Potato Whirl
with Rice ♥

Quorn Fillet
with Roast Potatoes
& Gravy ♥

Meat-Free Veggie Balls
in Cheese & Tomato
Sauce with Wholemeal
♥ Pasta 🌾

Meat-Free Sausage &
Tomato Roll ♥
with Oven Chips

Option 3

Jacket Potato with
Tuna

Cheese Wrap ♥

Cheese & Tomato
Pasta Pot ♥

Jacket Potato with
Baked Beans ♥

Ham Wrap

Vegetables

Coleslaw
Broccoli

Sweetcorn
Garden Peas

Carrots
Cabbage

Green Beans
Sweetcorn

Baked Beans
Garden Peas

Dessert

Fruit Yoghurt

Apple Muffin with
Whipped Creme
Fraiche

Strawberry Mousse

Fresh Fruit Salad 🍓

Waffle with Peaches
& Whipped Creme
Fraiche 🍓

LOW SALT

Reduced sugar
and salt recipes

LESS SUGAR

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Year 1 and 2

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on our healthy choices

♥ Vegetarian 🐟 Oily Fish
🌾 Wholegrain 🍓 Fruity



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Harry Ramsden's
Junior

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Favourites

